



# Iowa Lightning Try-Out Date

Girl's Basketball Team • 1709 Edmundson Drive • Oskaloosa, IA 52577 • 641-673-5591 • [adcarlson@pella.com](mailto:adcarlson@pella.com)

<b>Subject:</b>	<b>Iowa Lightning Traveling Girl's Basketball Try-outs</b>
<b>When:</b>	<b>March 7, 2010</b>
<b>Where:</b>	<b>Grandview College, Des Moines, IA</b>
<b>Time:</b>	<b>12:00 p.m. – 1:00 p.m. – Registration &amp; Check-In 1:00 p.m. – 5:00 p.m. – Try-outs</b>
<b>Cost:</b>	<b>\$20 per player</b>
<b>Players Needed</b>	<b>Roster openings exist on all of our Iowa Lightning teams</b>
<b>Try-out Format:</b>	<b>Position Drill Stations for: Dribbling -- Passing -- Shooting Team Scrimmages to follow Drill Stations</b>
<b>Registration Process:</b>	<b>Fill out player registration form and submit</b>
<b>Selection Committee:</b>	<b>Comprised of area coaches in the surrounding communities</b>
<b>Selection Notification:</b>	<b>All try-out players will be notified within 5 days of the try-outs</b>
<b>Costs to Join: The Iowa Lightning</b>	<b>\$700 per player with \$300 <u>non refundable</u> deposit to be submitted before March 21, 2010. The cost per player includes 8 tournament weekends of play plus Iowa Lightning amenities.</b>
<b>Questions:</b>	<b>Al Carlson, Marketing &amp; Events Coordinator, <a href="mailto:info@iowalightning.com">info@iowalightning.com</a></b>